

Southampton University Mountaineering Club

General Rules and Regulations

1. All members will be given a copy of these regulations and must sign to say that they have read and understood them.
2. All people wishing to join the club must fill in a form stating whether they have any medical conditions that should be known, whether or not they can swim and that they understand the nature of the sport of climbing and mountaineering.
3. The SUMC is a member of the Athletic Union (AU) and as such receives funding for equipment and insurance. It is therefore a requirement that all members of SUMC are also members of the AU.
4. Whilst climbing and at the base of a cliff, all beginners must wear a UIAA approved helmet. Personal helmets should be checked by a member of the club committee before being used.
5. Only CE approved harnesses should be used for climbing and any personal harnesses should be checked by a member of the club committee before they are 1st used.
6. All belaying must be done using a standard belay device and NEVER by classic belay.
7. All new leaders must be approved by the Club President or a person appointed by the president before taking beginners on a climb.
8. All climbs should be completed on UIAA approved single ropes or two UIAA approved half ropes.
9. All members are recommended to take their own personal 1st Aid Kit, whistle and survival bag.
10. The leader must be responsible for checking the harness and attachment knots of any beginner whom they are climbing with.
11. Any top-rope/abseil systems must be independently checked by a competent person before any climbing/abseiling commences.

These rules are for the safety of every member of the club and are a basic requirement for our BMC and AU insurance and liability.